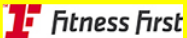

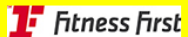


	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
08:05 – 08:40 Beach Area	FITNESS FIRST BONUS DAY	YOGA FLOW Vika / All	PORT DE BRAS Sava / All	bodyART® ENERGIZE Christian / All	MEDITATION Vika / All	DYNAMIC STRETCH Taras / All	
09:00 – 09:55 Big Area		 WELCOMING & PRESENTER SPECIAL Big Area 10:10 – 11:10 (see info board)	STEP TOP Anton / I-A	REEJAM Ivan / I-A	AERO FUNK Zena / I	HOUSE 2 FIT Ivan / I-A	
09:00 – 09:55 Small Area	FUSION DANCE Aliya / I-A		TOTAL BODY Aliya / All	FLEXIBAR WORKOUT Anton/ All	★ H.I.I.T TURBULENCE PROTOCOL Taras / A (45 min)	♥ BE MORE HUMAN Aliya / All	STRETCH & RELAX (BEACH) Marta / All (09:15-09:50)
10:10 – 11:05 Big Area	STEP CHANGE FRONT Anton / I-A		STEP FUSION Zena / I-A	STEP WITH LOVE Aliya / I-A	STEP CUT & HALF SOLUTION Anton / I-A	STEP CHANGE FRONT Anton / I-A	AERO DANCE Zena / I-A
10:10 – 11:05 Small Area	METABOLIC PUMP Taras / All		KamiBo® Alina / All	♥ LST ARMS, BACK & CHEST Fitz / I-A	♥ bodyART® Xross Christian / I-A	♥ LIFESTYLE CHALLENGE Fitz / I-A	ATHLETIC WORKOUT Sava / All
11:20 – 12:15 Big Area	♥ STRONG BY ZUMBA® Marta + Sandra / I	STEP'IN'STYLE Ivan + Zena / I-A	★ ZUMBA® FITNESS Marta / All	ADVANCED STEP Zena / A	AERO STREET Ivan / I-A	OLYMPIC STEP Zena / A	STEP FREESTYLE Taras / A
11:20 – 12:15 Small Area	DYNAMIC STRETCH Taras / All	♥ SUPER SCULPT Aliya / All	bodyART® WORKOUT FOR LIFE Christian / All	BODY TONING Alina / All	BODYFIT INTENSE Sava / All	BOOTY WORKOUT Alina / All	★ ABS Alina / All (45 min)
12:30 – 13:15 Small Area	★ STEP BASIC LEVEL Marta + Aliya / B	★ AERO DANCE BASIC Marta + Anton / B	★ STEP BASIC LEVEL Taras / B	♥ deepWORK® Christian / I	★ STRONGBACK Alina / All	★ PORT DE BRAS Sava / Alle	★ bodyART® RECOVERY Christian / All
LUNCH BREAK		15:00 - 15:45 FITNESS IN EVERYDAY LIFE Seminar (GER) with Marta	15:00 - 15:30 AQUA ZUMBA® Marta / Pool Club Side	15:00 - 15:45 CHI MEDITATION Seminar (GER) with Tom	15:00 - 15:45 B.A.S.E "IT'S THE FOUNDATION OF TRAINING" Seminar (ENG) with Fitz		
16:00 – 16:55 Big Area	STEP HOUSE Ivan / I-A	STEP PRO Taras / I-A	SOUL JAZZ Sava / I	STEP SYMMETRIC Taras / I-A	JAZZ STEP Sava / I-A	♥ deepWORK® PARTY Christian / I	STEP MY STYLE Ivan / I-A
16:00 – 16:55 Small Area	♥ LST H.I.T Fitz / I-A	BODYFIT INTENSE Sava / All	PUSH & POWER Alina / All	YOGA FLOW Sava / All	♥ KamiBo® Alina / All	ZUMBA® FITNESS Marta / All	BASE LST X-PRESS Fitz / I-A (45 min)
17:10 – 18:05 Big Area	★ EASY HIP HOP Zena / B	STEP - A - JAM Fitz / I-A	STEP MY STYLE Ivan / I-A	 SURVIVOR BY Volleyball Beach 17:15 – 19:15 & SURVIVOR AFTER PARTY (see info board)	STEP HOUSE Ivan / I-A	 PHOTO SHOOTING Big Area 17:15 – 18:00 Wear your event-shirt! (see info board)	STEP - A - JAM Fitz / I-A
17:10 – 18:05 Small Area	ATHLETIC FLOW Alina / All	♥ deepWORK® Christian / I	♥ LST H.I.T Fitz / I-A		♥ LST CROSS H.I.T Fitz / I-A		★ A/A DANCE MOVES Anton + Aliya / I-A
18:20 – 19:05 Small Area or Volleyball Beach	PILATES FLOW Sava / All Small Area	BEACH TABATA Alina / All Volleyball Beach	DYNAMIC PILATES Vika / All Small Area		★ BODY RELAX Aliya / All Small Area		SUNDOWN STRETCH (Big Area) Aliya + Anton / All (30 min)
CYCLING		11:20 - 12:15 / Tom	11:20 - 12:15 / Tom	09:00 - 09:55 / Tom	11:20 - 12:15 / Cenk	09:00 - 09:55 / Tom	11:20 - 12:15 / Cenk
	16:00 - 16:55 / Cenk	16:00 - 16:30 / H.I.C / Fitz	16:00 - 16:55 / Tom	12:00 - 12:30 / H.I.C / Fitz	16:00 - 16:55 / Tom	16:00 - 16:30 / H.I.C / Fitz	
		18:20 - 19:15 / Tom	18:30 - 19:00 H.I.C / Fitz	16:00 - 16:55 / Cenk			
EVENING		22:00 WELCOME PARTY				20:00 GALA NIGHT	

SUBJECTS TO CHANGE!

Class Level: All = for everybody / B = Beginner / I = Intermediate / A = Advanced

★ open for all people ♥ no choreography but tough workout

