

KURSPLAN

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
09:30 BBP	17:00 Spinning	09:30 Hot-Push	17:00 Spinning	09:30 BBP		11:00 Wechselkurs
10:30 Reha	18:15 Functional Fatburner	16:00 Reha	18:15 Hot-Push			
17:00 BBP		17:00 Zumba	19:15 BBP			
18:00 Hot-Push		18:00 Cross Cage				
19:15 Jumping						